



A POST APPOINTMENT GUIDE OF WHAT TO
EXPECT FOLLOWING YOUR TREATMENT

AFTERCARE ADVICE

Book online at

www.kjearwaxremoval.co.uk

Fully trained, insured and COVID safe.

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SUSPECTED INFECTION

Before you book your next treatment, let us know if you have been experiencing ear pain, or if you think you may possibly have an infection.

We will probably ask you to visit your GP or Pharmacist prior to your consultation, but if that's not a suitable option for you, we can still inspect the ear canals to rule out any issues that may prevent or delay your treatment.

SORE EARS BEFORE WAX REMOVAL

If you are experiencing itchy, achy pain, this may be due to the amount of wax you have in your ear canal. Your wax removal treatment could resolve this.

SORE EARS FOLLOWING WAX REMOVAL

This is extremely rare, however, if you have had a large amount of wax removed, then this soreness may just be due to the canals remaining very sensitive. This discomfort should only last a day or so and can be resolved using over the counter pain killers.

If the pain continues or is moderate to severe, we suggest a GP appointment to rule out an infection.

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HAVING A 'BLOCKED EAR' FEELING

When ears are blocked with wax for some weeks or months, pressure can build up behind the blockage causing a feeling of having cotton wool in the ear or a sensation of having blocked up ears.

It is not unusual for the sensation of having a blocked ear for a few days following the wax removal, especially if warm water irrigation was used.

However, if the feeling persists after a few days, please contact us for advice.

I HAD IRRIGATION, WHAT AFTERCARE DO I NEED?

Following gentle warm water irrigation to clear your ear wax it is important to keep your ear canals dry to reduce the risk of infection from water-borne bacteria. The irrigation process can slightly dry the canals and strip the area of some of the natural oils secreted from inside the ear. The natural oils should return to normal levels after a few days with no other aftercare

I HAD MICROSUCTION, WHAT AFTERCARE DO I NEED?

After Microsuction there is no need to keep ears dry as the natural oil levels have not been affected, no other precautions or aftercare is needed.

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NOTES

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